

Intimate Care Policy

Breareley Nursery School



Mission Statement

“A safe place to hope, learn, play, enjoy and grow”.

At Breareley Nursery School we value all of our children and families. As a setting we follow Birmingham City Council's safeguarding procedure and we uphold the British values whilst celebrating the diversity in our communities. We promote mutual respect and we are an inclusive setting and our ethos and curriculum enables children to be independent learners, making choices and building strong relationships particularly with their peers. Thus enabling a safe learning environment.

All of these create the firm foundations needed to encourage democracy, the rule of law, individual liberty, mutual respect and tolerance of those of different faith and beliefs. Staff members are trained on the 'Prevent Strategy' this is utilised in the delivery of the curriculum and within our professional practice.

Intimate Care

Intimate care can be defined as care tasks of an intimate nature, associated with bodily functions, body products and personal hygiene which demand direct or indirect contact with or exposure of the genitals. Brearley Nursery is committed to ensuring that all staff responsible for the intimate care of children will undertake their duties in a professional manner at all times.

All staff are CRB checked and have received Child Safeguarding training and health and safety guidance.

Children who receive intimate care are treated respectfully at all times. Each child's right of privacy will be respected.

Parents/Carers will be asked on admission to sign to consent to their child being changed/showered if the need arises.
(Appendix 1)

Children will be supported to be as independent as possible given their age and abilities. Staff will encourage each child to do as much for them selves as they can, being sensitive to each child's individual needs and ability.

Careful consideration will be given to each child's situation to determine how many carers might need to be present when the child is toileted. Where possible, one child will be catered for by one adult unless there is a sound reason for having more adults present. If this is the case the reasons should be clearly documented.

Where possible the same child will not be cared for by the same adult on a regular basis: ideally room staff will take it in turns in providing care. This will ensure, as far as possible, that over-familiar relationships are discouraged from developing, whilst at the same time guarding against the care being carried out by too many different adults.

Children in the Nursery School will be changed in the bathroom area, the individual toilet cubicles are usually used for children to be changed in. The member of staff will inform other members of the team if a child needs to be changed and a drop down blind at the door entrance of each room to indicate to parents and visitors that a child's being changed. Parents are responsible for providing spare clothes for their child, a small supply of clothing is kept in each room for emergency use.

There is a drop down changing mat in the Purple room bathroom for use of smaller children/babies.

Children who may have a development delay and who will achieve independence in toileting later than their peer group. Also, children who have

a disability or for a variety of medical, emotional or social reasons require special arrangements for toileting e.g. children who are still wearing nappies. Staff will work in partnership with parents/carers to provide continuity of care to children wherever possible.

There is a changing area in each room with a changing table and facilities to change children who wear nappies or require additional care.

As an inclusive setting there may be times when more than one person is needed to change a child. This will be the child's support worker plus one other.

When a child is changed in the Nursery School it is recorded in the changing book and parents/carers are informed when they collect the child at the end of the day. record the changing of children on a daily sheet and the parents/carers are given a copy when they collect the child.

Changing Guidelines

- Children will be encouraged to change their own clothes as appropriate for their age and development
- Wet clothes will be placed in a carrier bag for collection by parents/carers
- Staff must wear WHITE APRON and GLOVES when changing children
- If a child is soiled staff will assist with changing making sure the child is cleaned properly with wipes. Soiled items will be placed in the appropriate bin
- Children's soiled clothes will be double bagged for collection by parents/carers. They will be stored away from the children's other clothing
- Changes should be recorded with the date/time/initials of staff member in the changing book

Nappy Changing Guidelines

- Children/babies must NEVER be left alone on the changing mat
- Staff must ensure they collect nappies/wipes etc. before they change a child/baby.
- Children/babies must be thoroughly cleaned with wipes.
- Staff must wear WHITE APRON and GLOVES for each nappy change
- Nappy changes should be recorded with the date/time/initials of staff member in the changing book
- Nappies must be immediately disposed of in the relevant bin. Please ensure they are placed in a nappy sack before disposal
- Changing mat must be treated with anti-bac after each change
- PLEASE NOTE: Children are changed as and when needed not at SET TIMES each day. Children should be checked regularly

Toilet Training

For children who are on a toileting programme

- Children should be encouraged to use the toilet, if children are reluctant, then they are not ready. Leave them for a short time and try again
- Children should be praised for successful use of the toilet- accidents will happen! No fuss, clean up and explain where we do our 'wee' and 'poo'
- Allow children to use the bathroom in small groups to encourage toilet training
- Always ensure good personal hygiene-flush toilet/wash hands
- Supervise children in the bathroom, help with clothes fastenings when and where applicable but also encourage self help skills
- Ensure using the toilet is an enjoyable experience, celebrate achievement
- Record use of the toilet on the appropriate sheet